

**Spring Menu 2023 Craneswater**






-  Added Plant Power
-  Vegan
-  Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday
--	--------	---------	-----------	----------	--------



**Week One**  
16/01/2023  
06/02/2023  
06/03/2023  
27/03/2023

Option 1	Cheese and Tomato Pizza with Wedges 	Mild Chicken Curry with Rice 	Roast Turkey with Stuffing, Roast Potatoes and Gravy 	Beef Burger with Toppings and Potato Wedges	Fish Fingers Served with Chips and Tomato Sauce
Option 2	Moroccan Veggie Balls in a Tomato sauce served with Pasta 	Veggie Wrap Stack with Rice	Crunchy Top Veg Bake with Roast Potatoes and Gravy 	Vegan Burger with Toppings and Potato Wedges 	Cheese Swirl Served with Chips and Tomato Sauce
Option 3	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans
Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
Dessert	Pear and Chocolate Sponge with Custard 	Yoghurt & Raisin Cake	Fresh Fruit and Yoghurt Station	Chocolate and beetroot Brownie	Vanilla Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily					

**Week Two**  
02/01/2023  
23/01/2023  
20/02/2023  
13/03/2023

Option 1	Cheese and Tomato Pizza with Wedges 	Chicken Pie with Mashed Potato served with Gravy	Sausage, Onions and Gravy with Roast Potatoes	Mac & cheese with Cajun Chicken Topping	Fish Fingers Served with Chips and Tomato Sauce
Option 2	Vegetable Fajitas with Rice 	Veggie Shepherd's Pie with Gravy 	Cauliflower and Broccoli Cheese with Roast Potatoes	Mac & cheese with a Crunchy Breadcrumbs Topping	Mexican Roll Served with Chips and Tomato Sauce 
Option 3	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans
Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
Dessert	Oaty Cookie 	Chocolate Drizzle Cake	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard	Peach Cake
Or a choice of Yoghurt & Fresh Fruit available daily					

**Week Three**  
09/01/2023  
30/01/2023  
27/02/2023  
20/03/2023

Option 1	Cheese and Tomato Pizza with Wedges 	Sausage Roll with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Sticky Chicken in BBQ sauce Potato Wedges and Salads Noodles	Fish Fingers Served with Chips and Tomato Sauce
Option 2	Veggie Chilli with Rice 	Vegetable Pasta Bake 	Roast Quorn with Roast Potato and Gravy	BBQ Vegan Quorn, With Potato Wedges and Salads Noodles 	Cheese Quiche Served with Chips and Tomato Sauce
Option 3	Jacket Potato served with Tuna Mayo 	Jacket Potato served with Baked Beans	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans
Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
Dessert	Marble Cake	Banana Sponge with Custard	Fresh Fruit and Yoghurt Station	Chocolate Cookie 	Eves Pudding
Or a choice of Yoghurt & Fresh Fruit available daily					

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.