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Dear Parents and Carers,

Y5 AND Y6 PSHE CURRICULUM

In the second half of the summer term of Y5 and Y6, we cover elements of relationships, health and sex education as part of our PSHE curriculum.

The content of these lessons includes:

Y5

- External body changes
- Internal body changes including menstruation
- Keeping clean
- Body image

Y6

- Recap of Y5 learning on the changing adolescent body
- Loving relationships
- How babies are made
- How babies are born

We have produced a presentation for you to view on our website covering the key information regarding these lessons. You can view this at:

<https://www.craneswater.portsmouth.sch.uk/relationships-and-sex-education>

If you have any questions or concerns after viewing the presentation, please do contact your child's class teacher or Ms Lawrence/Mrs Wilkinson, PSHE co-ordinators on admin@craneswater.portsmouth.sch.uk.

Kind regards,

Ms C. Lawrence
PSHE Coordinator