

Autumn Winter Menu 2022 Craneswater

-  Added Plant Power
-  Vegan
-  Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday
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Week One
31/10/2022
21/11/2022
12/12/2022
16/01/2023
06/02/2022

Week Two
07/11/2022
28/11/2022
02/01/2023
23/01/2023

Week Three
14/11/2022
05/12/2022
09/01/2023
30/01/2023

	Monday	Tuesday	Wednesday	Thursday	Friday	
RED	Cheese and Tomato Pizza with Wedges 	 Mild Chicken Curry with Rice 	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Beef Burger with Toppings and Potato Wedges	Fish Fingers Served with Chips and Tomato Sauce	
	GREEN	Moroccan Veggie Balls in a Tomato sauce served with Pasta 	Veggie Wrap Stack with Rice 	Crunchy Top Veg Bake with Roast Potatoes and Gravy 	 Vegan Burger with Toppings and Potato Wedges 	Cheese Swirl Served with Chips and Tomato Sauce
		YELLOW	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayo
	Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
	Dessert	Pear and Chocolate Sponge with Custard 	Yoghurt & Raisin Cake	Fresh Fruit and Yoghurt Station	Chocolate and beetroot Brownie	Vanilla Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						
RED	Cheese and Tomato Pizza with Wedges 	Chicken Pie with Mashed Potato served with Gravy	Sausage, Onions and Gravy with Roast Potatoes	Mac & cheese with Cajun Chicken Topping	Fish Fingers Served with Chips and Tomato Sauce	
	GREEN	Vegetable Fajitas with Rice 	Veggie Shepherd's Pie with Gravy 	Cauliflower and Broccoli Cheese with Roast Potatoes	Mac & cheese with a Crunchy Breadcrumbs Topping	Mexican Roll Served with Chips and Tomato Sauce 
		YELLOW	Jacket Potato served with Tuna Mayo	Jacket Potato served with Baked Beans	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayo
	Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
	Dessert	 Oaty Cookie 	Chocolate Drizzle Cake	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard	Peach Cake
Or a choice of Yoghurt & Fresh Fruit available daily						
RED	Cheese and Tomato Pizza with Wedges 	Sausage Roll with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Sticky Chicken In BBQ sauce Flavoured Rice, Salad	Fish Fingers Served with Chips and Tomato Sauce	
	GREEN	Veggie Chilli with Rice 	Vegetable Pasta Bake 	Roast Quorn with Roast Potato and Gravy	Sticky Vegan Quorn In BBQ sauce Flavoured Rice, Salad 	Cheese Quiche Served with Chips and Tomato Sauce
		YELLOW	Jacket Potato served with Tuna Mayo 	Jacket Potato served with Baked Beans	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayo
	Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
	Dessert	Marble Cake	Banana Sponge with Custard	Fresh Fruit and Yoghurt Station	Chocolate Cookie 	Eves Pudding
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Option 1	Cheese and Tomato Pizza with Wedges #V203	Chicken Curry with Rice #SD84	Roast Turkey with Stuffing, Roast Potatoes and Gravy #T1 #SD7 #SD82 #SD40 #SD107	Build a Burger Day A choice of Burger (meat, or vegan) with Toppings and Potato Wedges	Fishfingers/ Salmon Fishfingers with Chips #F6 / #F1 #SD5 #SD14
	Option 2	Balls Tomato sauce and Pasta #V163 #V188 #SD11	Veggie Wrap Stack with Rice #V105 #SD84	Crunchy Top Veg Bake with Roast Potatoes #V193 #SD7 #SD82 #SD107		Cheese Swirl with Chips #V27
		Jacket potato with beans or cheese	Jacket potato with Tuna beans or cheese	Jacket potato with beans or cheese	Jacket potato with Tuna beans or cheese	Jacket potato with beans or cheese
	Vegetables	Vegetable of the day	Vegetable of the day	Vegetable of the day	Vegetable of the day	Vegetable of the day
	Dessert	Pear and Chocolate sponge with Custard #D207 #D2	Yoghurt & Raisin Cake #D172	Fresh Fruit and Yoghurt Station	Chocolate and beetroot Brownie #D169	Vanilla Shortbread #D57
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two	Option 1	Cheese and Tomato Pizza with Wedges #V203	Chicken Pie with Mashed Potato #C71	Sausage, Onions and Gravy with Roast Potatoes #P3 #SD7 #SD82 #SD107 #SD116	Mac and Cheese with Cajun Chicken Topping	Fishfingers with Chips #F6 #SD5 #SD14
	Option 2		Veggie Shepherd's Pie with Gravy #V170 #SD107	Cauliflower and Broccoli Cheese with Roast Potatoes #V210 #SD7 #SD82		Mac & Cheese with a breadcrumb topping
		Vegetable Fajitas with Rice #V211 #SD84				
		Jacket potato with beans or cheese	Jacket potato with Tuna beans or cheese	Jacket potato with beans or cheese	Jacket potato with Tuna beans or cheese	Jacket potato with beans or cheese
	Vegetables	Vegetable of the day	Vegetable of the day	Vegetable of the day	Vegetable of the day	Vegetable of the day
Dessert	Oaty Cookie #D85	Chocolate Drizzle Cake #D198	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard #D218	Peach Cake #D176	
Or a choice of Yoghurt & Fresh Fruit available daily						
	Option 1	Cheese and Tomato Pizza with Wedges #V203	Sausage Roll with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy #C4 #SD7 #SD82 #SD40 #SD107	Quirky Bird A choice of flavoured chicken or vegan Quorn, With Potato Wedges and Salads.	Fishfingers with Chips and tomato sauce #F6 #SD5 #SD14

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