

Summer Menu 2023 Portsmouth

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 17/04/23 08/05/23 05/06/23 26/06/23 17/07/23 18/09/23 09/10/23	RED	Crunchy Topped Vegetable Bake with New Potatoes 	Chicken Fajitas with Rice 	Roast of the Turkey, Roast Potatoes & Gravy	Beef Burger and Potato Wedges	Fishfingers with Chips & Tomato Sauce
	GREEN	Cheese and Tomato Pizza with New Potatoes 	Vegetable Pasta Bake  	NEW Sweet Potato & Spinach Flan with Roast Potatoes	Vegan Burger and Potato Wedges 	Mexican Bean Roll with Chips & Tomato Sauce 
	YELLOW	Tomato Pasta 	Jacket Potato and Beans 	Tomato Pasta 	Jacket Potato and Cheese	Tomato Pasta 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	NEW Syrup Snap Biscuit 	Fruit Jelly with Mandarins 	Eves Pudding	Iced Vanilla Sponge	Oaty Cookie  
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two 24/04/23 15/05/23 12/06/23 03/07/23 04/09/23 25/09/23 16/10/23	RED	Chef's Special Chicken Korma with Rice  	Pork Sausage Hot Dog with Potato Wedges	Minced Beef Pie with Roast Potatoes 	Mac and Cheese with Chicken topping	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	GREEN	Cheese and Tomato Pizza with New Potatoes 	Vegan Sausage Hot Dog with Potato Wedges 	Mixed Vegetable Loaf with Roast Potatoes & Gravy	Mac and Cheese	NEW BEET Burger with Chips & Tomato Sauce 
	YELLOW	Tomato Pasta 	Jacket Potato with Cheese	Tomato Pasta 	Jacket Potato with Beans 	Tomato Pasta 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	Lemon Cake	Chocolate Shortbread 	Pear & Raisin Upside Down Cake	Peach Crumble with Cream 	Vanilla Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Three 01/05/23 22/05/23 19/06/23 10/07/23 11/09/23 02/10/23	RED	Lentil & Sweet Potato Curry with Rice  	Pasta Bolognese with Garlic Bread 	Pork Sausage and Mash Potatoes with Gravy	Yamas! NEW Greek Chicken Pita with wedges	Fishfingers with Chips & Tomato Sauce
	GREEN	Cheese and Tomato Pizza with New Potatoes 	Vegan Spaghetti Bolognese 	Vegan Sausage Mash Potatoes & Gravy 	Spinach & Cheese Whirl with Seasoned Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	YELLOW	Tomato Pasta 	Jacket Potato with Cheese	Tomato Pasta 	Jacket Potato With Beans 	Tomato Pasta 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Fresh Salad Rainbow Slaw	Peas Baked Beans
	Dessert	Sticky Toffee Apple Crumble	Peach Upside Down Cake	Catherine Wheel Cookie 	Apple Flapjack  	NEW Cornflake Tart 
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.