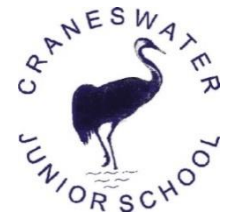


**Head teacher: Mr D B Jones**  
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### **ELSA (Emotional Literacy Support Assistant)**

Here at Craneswater, we support children through our ELSA programme. This includes emotional first aid. The Elsa tool kit recognises social skills, emotions, anxiety, self-esteem/resilience, anger management, loss and bereavement, friendship, social stories and therapeutic stories. Our school Elsa had to undertake specific training and attends regular supervision to ensure best practice. Children are referred by our SLT and Pastoral Team, with our Elsa being part of the school pastoral team. Our school offers individual and small group support including 'Young Carers' and after school club fun as part of 'Military Club.' As part of these groups, the children participate with various games, mindfulness/calming activities and arts & crafts to support their well-being and to develop strategies to manage their emotions.

### **Loss Companion (Bereavement and Loss)**

The Loss Companion supports children who are experiencing loss and bereavement including family changes, separation, divorce, prison, military families, illness, terminal illness and any other forms of change and loss. Individually and in small groups, the children participate with activities to support their mental health and well-being. Group togetherness is really effective in supporting children with moving forwards and on to secondary education.

The training included a PCC Loss Companion Certified Course. Here at Craneswater, our Elsa/Bereavement and Loss Companion is an Accredited Bereavement Counsellor who also has a degree in Early Years/Childhood & Youth Studies and is Bereavement & Loss Network Lead for PCC, supporting schools & other agencies across the city.

