



# Headlice

## A guide for parents and carers



Accessible Information

### Key points



This information will help you remove nits from your child's hair.

Nits are also called headlice or lice.

Checking the hair of everyone in the family at least once a week ensures early detection.

Lotions are most effective on live lice, not all will act on the eggs. Be sure to check the lotion before applying.

### Wet combing – how to do it

You will need:

- a nit comb
  - good lighting
  - an ordinary brush or comb
  - conditioner.
1. Wash the hair well then dry it with a towel. The hair should be damp, not dripping. Apply ordinary conditioner and leave in the hair.
  2. Make sure there is good light, daylight is best.
  3. Brush or comb the hair first. You may find

dividing the hair into sections with clips etc useful.

4. Start with the teeth of the detection comb touching the skin of the scalp at the top of the head.
5. Comb through each section from the scalp to the ends of the hair.
6. Look carefully at the teeth of the comb in good light and wipe with a tissue.
7. Do this for as long as it takes to comb each section of the hair.
8. If there are headlice you will find one or more lice on the teeth of the detection comb.
9. Continue to comb through each section to remove any live lice until no more are detected.

**This will not remove any live eggs so you will need to repeat every day in order to remove any newly hatched lice.**

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